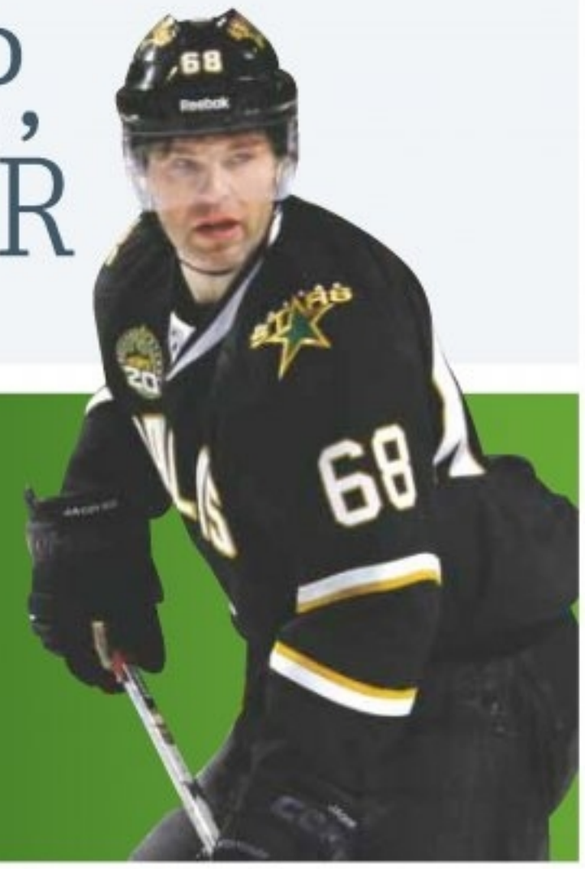
BRUINS MAKE NEEDED SWAP, LAND SCORING MACHINE JAGR

NOW IT'S UP TO HEAD COACH CLAUDE JULIEN TO JUGGLE OFFENSIVE LINES PAGE 20



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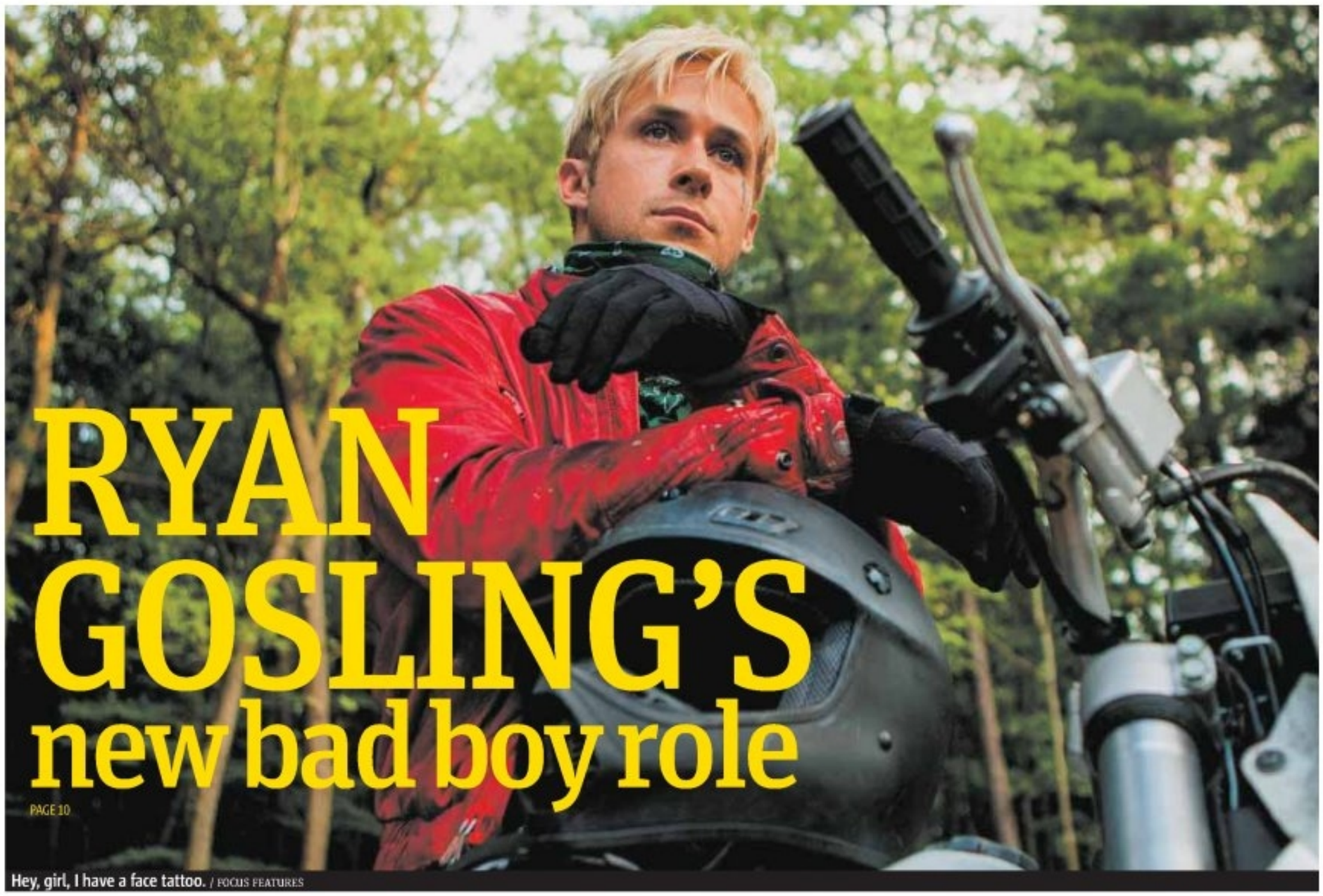

RYAN GOSLING'S new bad boy role

PAGE 10

Hey, girl, I have a face tattoo. / FOCUS FEATURES

Are Bay State's gas and tobacco taxes on the rise?

Lawmakers present plan to fund transportation improvements PAGE 02

They Might Be Giants might be 'Nanobots'

The duo, who got their start in Lincoln, on their new album PAGE 11

Of course Kim Kardashian looks stylish pregnant

Self-promotion doesn't take maternity leave

PAGE 19

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1
NEWS

Advocates rallied on the Massachusetts State House steps yesterday, on the statewide Transportation Day, to call for fully funded transportation.
NICOLAUS CZARNECKI, METRO

Officials face off for a transportation fix

Taxes. Lawmakers are targeting gas and cigarettes in a $500 million transportation financing plan.

Massachusetts House and Senate leaders yesterday announced a $500 million transportation financing plan that rejects a $1.9 billion revenue plan proposed by Gov. Deval Patrick earlier this year.

Under the proposed plan, legislators call for $500 million in new revenues, including a $165 million increase in taxes on cigarettes, cigars and smokeless tobacco.

Under the plan outlined by House Speaker Robert DeLeo, Senate President Therese Murray and other Democratic lawmakers, the gasoline tax would increase by 3 cents per gallon, costing the average driver between $12 and $30 a year.

Patrick told the State House News yesterday that he would review the plan to determine whether it would fund the state's transportation needs.

"I asked the Senate president and the speaker to give my own proposal a chance, and to step back a little bit and let people debate it. And I think I owe them that same courtesy in return," Patrick told the news service.

Patrick's plan, which was first released in January, includes a hike in the state income tax to help modernize the state's struggling transportation system as well as pay for new education initiatives.

Quoted

"It's ridiculous. It's scratching the surface. It will leave us with a third-world transportation system."

Rep. Denise Provost, on the $500 million proposal recommended by legislative leaders yesterday

MORGAN ROUSSEAU
morgan.rousseau@metro.us

In the news

$1M

A Roxbury man was ordered held on $1 million cash bail Tuesday during his arraignment for five allegedly violent attacks. Tikee Beverly, 37, pleaded not guilty. The attacks allegedly took place from September to February in Dorchester, Roxbury and Jamaica Plain.

Local tweet

"for the first time today now that I'm in the car I can actually feel the heat return to my body #boston"

YES, @JAMIEEEE124, THE TEMPERATURE DID DROP THAT MUCH FROM 62 DEGREES ON MONDAY.

Samia Jones, 17, stuck her tongue out while being arraigned yesterday.
DINA RUDICK, GLOBE STAFF

Dorchester stabbing. Mother attacked by ex, his new girlfriend

A young woman was held down by the father of her child as his new girlfriend stabbed the woman multiple times in front of the former couple's infant, authorities said. Samia Jones, 17, pleaded not guilty Tuesday.

Authorities said the victim was lured out of her home Monday afternoon by her former boyfriend, who is the father of their 8-month-old. The man told the woman that he had new shoes for the child. The woman was pushing the child in a stroller when the attack occurred. She is in stable condition. Police have a warrant for the boyfriend.

MICHAEL NAUGHTON

Last call

Popular bar shutting doors

A popular Beacon Street bar between the Back Bay and Kenmore Square announced this week that it is closing.

Crossroads Irish Pub, which has served patrons for decades, will close April 15, the bar said on its Facebook page.

A recently created Facebook page for the bar has more than 500 likes.

METRO

Freedom Trail dribble

Globetrotters trot the Trail

Harlem Globetrotters TNT Maddox and Buckets Blakes dribbled and spun basketballs along the Freedom Trail and over the North Washington Street Bridge yesterday.

Maddox, the first woman Globetrotter since 1993, and Blakes are making goodwill appearances throughout Boston this week.

The infamous Harlem Globetrotters have shows at the TD Garden on Saturday and Sunday. METRO

Skip traffic

Summer trains between Boston and Cape Cod

Starting next month, Bostonians will be just a hop, skip and a train ride away from a relaxing weekend on Cape Cod.

Cape Flyer, a summer rail service from Boston to Cape Cod, will run from South Station to Hyannis between Memorial and Labor days.

The trains will operate on existing lines, and they will utilize current equipment.

The service is expected to alleviate traffic congestion and make the popular tourism destination accessible to more people.

A spokeswoman for MassDOT said the service will provide "the region with the opportunity for a greater influx of tourist dollars into the local economy." METRO

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Mayor's race

Mayoral candidates begin to line up

The race for Boston mayor is starting to get crowded.

Dorchester state Rep. Martin Walsh said he plans to run and City Councilor Felix Arroyo is considering a bid, according to the Globe. METRO

Cab concern

Menino taxi investigation

Mayor Thomas Menino is launching a top-to-bottom review of the city's taxi system after a series of reports in the Boston Globe alleged bribery and tax fraud.

"We're not going to tolerate this nonsense," Menino said. GLOBE

Sexual harassment

MBTA to riders: 'Keep your privates private'

MBTA riders will start seeing posters depicting men and women telling sexual deviants to "respect my space," "keep your hands off me," "keep your privates private" and that "no means no." METRO

One of the new posters
NICOLAUS CZARNECKI, METRO

Senate race

Markey up in latest poll

Congressman Edward Markey leads U.S. Rep. Stephen Lynch by 17 points, 49-32, in a poll of likely U.S. Senate special election Democratic primary voters.

The poll results were released yesterday by Public Policy Polling. SHNS

Pride Week

Pride of the city

Berklee College alums and pop star duo Karmin will headline the Boston Pride Festival on June 8 at City Hall Plaza. METRO

Inmate sex-change arguments brought to US appeals court

Michelle Kosilek.
Lawyers argue whether the court should overturn ruling to allow the sex change.

A lawyer for the state Department of Correction said that a judge's controversial ruling forcing the agency to allow a transgender inmate to have sexual reassignment surgery "expands the Eighth Amendment by new heights."

Attorney Richard McFarland made the argument during a hearing before a panel of judges for the 1st U.S. Circuit Court of Appeals. The panel heard arguments yesterday on whether to reverse a district court judge's ruling that inmate Michelle Kosilek's sex change must be allowed to treat her gender identity disorder. The Department of Correction appealed the decision to the higher court.

Kosilek's attorney, Frances Cohen, argued that the sex change was recommended by various medical professionals, including the psychiatrist heading the program contracted by the DOC.

"She lives with mental anguish on a daily basis," Cohen said, adding that Kosilek has lived the lifestyle of a woman for more than a year, as recommended for people considering a sex change.

Cohen said that Kosilek, 63, has been a model prisoner and that she corrects fellow inmates and corrections officers when they fail to use the correct pronouns.

Kosilek, who was born Robert, killed her wife in Mansfield more than two decades ago.

A decision by the appeals court will likely take months.

MICHAEL NAUGHTON
michael.naughton@metro.us

Zumba flash mob takes over City Hall Plaza

Nearly 200 people busted out in a flash mob-style Zumba workout yesterday at City Hall Plaza. The group first gathered at the Greenway before walking to the plaza, handing out neon Boston Moves for Health T-shirts along the way. The event celebrated National Public Health Week and National Walking Day, which is today.

NICOLAUS CZARNECKI, METRO

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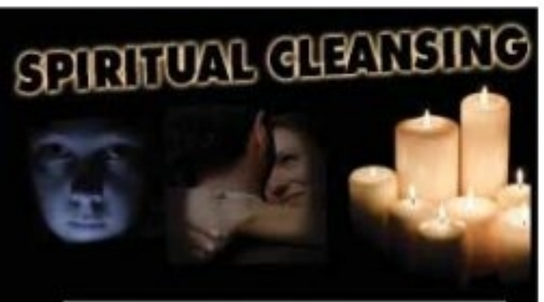

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The panel also called for adoption of a model state law for armed school staffers. / GETTY IMAGES

NRA funds proposal for armed guards in schools

School safety. Under a proposal funded by the NRA, every U.S. school would have armed, trained personnel.

A study funded by the National Rifle Association released yesterday proposes that armed personnel be stationed in every U.S. school in response to December's school massacre in Newtown, Conn.

The proposal of the National School Shield Task Force also includes security accords between schools and law enforcement, an online safety assessment tool for schools, state safety standards and improved federal coordination for school safety.

Asa Hutchinson, the panel's director, said having a trained and armed security officer or staff member in each school was a key element of the proposal.

"Obviously, we believe they will make a difference in the various layers that make up school safety," Hutchinson, a former congressman, said at a news conference held under heavy security.

Security officers and staffers would need 40 to 60 hours of training that would cost $800 to $1,000 each.

The NRA paid $1 million for the 225-page study.

The report's recommendations said the NRA could develop and carry out armed personnel training. Given school funding shortfalls, the National School Shield program also could step in with NRA backing to support school safety programs.

The panel also called for adoption of a model state law for armed school staffers and a program to assess threats and support mental health of students. REUTERS

Legislative deal

Connecticut gets tough gun control

Legislative leaders in Connecticut said on Monday they had agreed to some of the toughest gun regulations in the nation and expected to adopt them this week.

The proposal, which is expected to pass both houses of the state legislature this week, includes background checks for private gun sales and a ban on sales of high-capacity magazines. REUTERS

Global arms

UN approves first-ever global arms trade treaty

The 193-nation U.N. General Assembly overwhelmingly approved yesterday the first-ever treaty on global arms trade that seeks to regulate the $70 billion international business in conventional arms ranging from light weapons to battle tanks and warships.

There were 154 votes in favor, three against and 23 abstentions.

Iran, Syria and North Korea last week prevented a treaty-drafting conference at U.N. headquarters from reaching the required consensus to adopt the treaty. That left delegations that support it no choice but to turn to a General Assembly vote to adopt it.

The Iranian, Syrian and North Korean delegations cast the sole votes against the treaty. REUTERS

North Korea to restart its plutonium reactor

Nuclear threats.
KCNA: All civilian, military nuclear activities to resume.

North Korea said yesterday it would revive a mothballed nuclear reactor able to produce bomb-grade plutonium, but stressed it was seeking a deterrent capacity and did not repeat recent threats to attack South Korea and the United States.

United Nations Secretary-General Ban Ki-moon said the North Korean crisis had gone too far and appealed for dialogue and negotiation to resolve the situation.

The Pentagon, meanwhile, said another guided-missile destroyer had taken position in the western Pacific to assist with missile defense, as tensions with North Korea rise.

The crisis flared after Pyongyang was hit with U.N. sanctions for conducting a third nuclear test in February, followed by joint military drills between the United States and South Korea that North Korea viewed as "hostile." **REUTERS**

Quoted

"Nuclear threats are not a game. Aggressive rhetoric and military posturing only result in counteractions, and fuel fear and instability."

Ban, a South Korean
told a news conference during a visit to Andorra

South Korean conservative activists hold placards showing a portrait of North Korean leader Kim Jong-un during a protest. / GETTY IMAGES

Terrorism. McCain: US wants to help fight al Qaeda in Mali

The United States will seek ways to assist French and African forces fighting al Qaeda-linked rebels in Mali, Sen. John McCain said yesterday during a visit to the West African country.

France launched a military offensive in Mali in January against Islamist militants threatening the capital.

That drove insurgents out of the towns they had already seized, but they have since hit back with both suicide attacks and guerrilla-style raids.

Western powers are concerned that Mali's vast and lawless Saharan desert could become a launchpad for international militant attacks. **REUTERS**

Research

Barack Obama launches brain study initiative

The White House unveiled details of a new initiative to study the human brain with the goal of creating effective treatments for Alzheimer's disease and other cognitive disorders.

Called the Brain Research through Advancing Innovative Neurotechnologies Initiative, the program aims to help researchers see how brain cells and neural circuits interact through technology that produces "dynamic pictures" of the brain. **REUTERS**

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Apology. Sorry Apple gets respect in China after tabloid criticism

With its rare apology, Apple Inc. went from pariah to praiseworthy in the eyes of China's state-controlled media, a lesson for other foreign firms not to underestimate the speed and power of the government press.

After coming under near-daily media assault for the past two weeks and facing the threat of penalties from two Chinese government bureaus, Apple apologized to Chinese consumers on Monday for poor communication over its warranty policy and said it will change the terms for some of its iPhones sold in China.

The Chinese newspapers that threw brickbats at Apple a few days ago have since changed their tune.

The Foreign Ministry praised Apple for "conscientiously" responding to consumers' demands in a timely manner.

"We approve of what Apple said," spokesman Hong Lei told reporters during a daily news briefing yesterday.

Only last week, the People's Daily issued a scathing editorial on Apple's return policy, saying the popular smartphone maker was filled with "unparalleled arrogance."

REUTERS

Quoted

"The company's apology letter has eased the situation, softening the tense relationship between Apple and the Chinese market."

Global Times, published by Communist Party mouthpiece the People's Daily

European states take aim at Google privacy policy

Google says its approach to user data complies with the law.
GETTY IMAGES

Quoted

"Regulators in six states have begun the process of looking at penalties, and each must now act based on national law."

Isabelle Falque-Pierrotin, CNIL's president, in an interview

Data. EU regulators see policy as 'high risk' to user privacy.

European regulators moved a step closer to penalizing Google for the way it handles user data after the search engine giant refused to change its privacy policy.

France, Germany, Italy, the Netherlands, Spain and Britain said yesterday they began a process to decide if Google's policy introduced in March 2012 broke national laws.

Google consolidated 60 privacy policies into one last year and started combining data collected on individual users across its services, such as YouTube, Gmail and social network Google+. It gave users no means to opt out.

Twenty-nine European data protection regulators began a joint inquiry as a result.

The inquiry, led by the French privacy protection group CNIL, found in October that Google's new policy posed a "high risk" to the privacy of individuals, although it stopped short of declaring it illegal.

The regulators gave Google until February to propose changes, but the search engine giant did not make any after a March 19 meeting with national regulators.

The six countries have the power to impose fines on Google, but each must go through a local inquiry to determine that a wrong had been committed under national law even after the European joint position published in October. REUTERS

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1 Khloe Kardashian & Lamar Odom charity scandal

On the spectrum of "not good things," this ranks pretty much at the top: Lamar Odom and Khloe Kardashian's charity for kids with cancer looks like it's a scam. That's right: They are fleecing kids with cancer. The only thing worse than swindling cancer-stricken children? Scamming kids with AIDS. There's nothing worse. (Maybe scamming orphans with AIDS and/or cancer, but really, that's it.)

A new report by ESPN says that Odom's charity, Cathy's Kids, which started in 2004 in honor of Odom's mother, has raised $2.2 million, but not one cent has gone to cancer-related causes. Instead, it has gone to the charity's "executive," Jerry DeGregorio, who was the best man in Odom's wedding as well as two elite youth basketball travel teams. When approached by ESPN, Odom brushed off the allegations with, "It's my money."

Actually, nope. If you raise $2.2 million by having people donate their cash to help sick children, it's not your money.

2 Lohan is in Brazil and jokes that she is pregnant

Lindsay Lohan made a very last-minute decision to continue her adventures in Brazil this week, making her way to the Sao Paulo airport for a flight back to New York, only to opt out of getting on the plane, according to E! News. While her manager took the flight as planned, Lohan reportedly checked herself into the Emiliano Hotel alone with a female friend. "She's staying on her own dime," a source says. "She is staying against everyone's advice." Lohan's promotional trip to Brazil for a denim company was to be followed by a quick trip to NYC before heading to L.A. for the Coachella Music Festival and then 90 days of court-ordered rehab. The extended vacation also gave Lohan a chance to get in on the fun of pulling an April Fools' prank on her Twitter followers, posting, "It's official. Pregnant..." and drawing a flood of shocked reactions. Maybe some of her fans didn't realize it was a joke because, on the East Coast at least, it was no longer April 1 when the tweet went up. You know, despite everything, I used to like Lohan, but doing an April Fools' Day joke that reached it's pinnacle in 2009 on my Facebook timeline? Unforgivable.

THE WORD

Dorothy Robinson's take on the world of gossip

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

3 'Finding Dory' to hit theaters in 2015

Nemo was found, but what about Dory, his funny and forgetful friend? It was announced yesterday that "Finding Dory" will be released in theaters on Nov. 25, 2015, by Pixar. "I have waited for this day for a long, long, long, long, long, long time," said Ellen DeGeneres, who voiced the blue tang fish in the original "Finding Nemo." "I'm not mad it took this long. I know the people at Pixar were busy creating 'Toy Story 16.' But the time they took was worth it. The script is fantastic. And it has everything I loved about the first one: It's got a lot of heart, it's really funny, and the best part is — it's got a lot more Dory."

4 Mayer zips his lips (for once)

John Mayer seems to have turned over a new leaf when it comes to dishing on ex-girlfriends. In a recent interview with Ellen DeGeneres, he did not rise to her attempts to discuss his split from Katy Perry. "It was a very private relationship going in, it was a private relationship during and it's a private relationship still," Mayer said. "I'm on the same journey as everyone else. Coupling is a tricky thing."

5 Berry and Martinez in paparazzi fight

Halle Berry and fiance Olivier Martinez had a pretty rough homecoming after their Hawaiian vacation when Martinez got into a bit of a scuffle with paparazzi outside LAX, according to TMZ. Martinez allegedly kicked a photographer in the leg and wrist as he, Berry and Berry's daughter Nahla attempted to exit the airport. Once Nahla was safely in their waiting SUV, Martinez reportedly stormed back to kick the photographer again before being pulled away by Berry.

Twitter feed

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Bryan Singer may have upset a few "X-Men" fans with his April Fools' joke, Neil Patrick Harris is on quite the adventure, Jim Carrey feels appreciated and Lena Dunham is feeling the march of time.

@BryanSinger: I can finally announce @ladygaga is joining #XMen #DaysofFuturePast as Dazzler. One of my all-time favorite characters. Can't wait!

@ActuallyNPH: My b'day is 6/15. @Davidburtka threw a surprise party for me on Saturday -blown away. I'm now on some lengthy treasure hunt that is unreal!

@JimCarrey: I get it. Your love for me is unconditional. The message couldn't be clearer!

@lenadunham: Sad day. Realized I'm old enough that my go-to April Fools "I'm Pregnant!" is no longer that disturbing.

Ryan Gosling has a tender moment in "The Place Beyond the Pines." / ATSUSHI NISHIJIMA

A real hero, a real human being

Film. Someone named Ryan Gosling talks about "The Place Beyond the Pines," memes and the shame of facial tattoos.

Yes, Ryan Gosling is aware of the "Hey girl" meme. When the subject is bravely broached, the already quiet actor smiles and squirms in his chair. "Remember when Fabio was on that roller coaster and he got hit in the face by a pigeon?" he jokes. "I kind of feel like that pigeon lately. Wrong place, wrong time."

Gosling is a bit more open when talking about his new film, "The Place Beyond the Pines," his second for director Derek Cianfrance. "We were making 'Blue Valentine,'" he remembers, "and I had this cockamamy theory that I could rob a bank and get away with it. I wasn't so afraid of jail. He said that was crazy, that he had just written a movie about that."

In "The Place Beyond the Pines," Gosling plays Luke, a carnival motorcycle racer who eventually becomes a bank robber. Not that he dove too deeply into his character. "There's not much going on inside of Luke. He's a pretty surface-level person who is faced with his own lack of depth. I tried not to think too much," he says. The film's scope proves far larger than it initially seems, but Gosling tried to stay in the moment. "I try not to have a preconceived idea or think too much about the themes in Derek's films. He wants a certain level of naturalism and not pre-planned feelings and responses."

The realism extended to the tiniest detail, including the tattoos. "We wanted to make the tattoos look a mess, from someone who lived a life of not thinking things through and making bad decisions," he says. He also has a small dagger tattoo hanging off his left eye. Ultimately having a mark on his face helped his performance. "I didn't even want to look at myself in the mirror. When I was holding Tony Pizza, the kid who plays our child, I just felt ashamed this person I created was his father."

To stress authenticity, Cianfrance shot much of the film in long takes and had Gosling rob a bank populated by the actual staff and customers. That could have backfired. "I'd look down and everyone's smiling and has their cell phones out, having a good time," he says. "Derek was blaming me, saying I wasn't scary enough."

MATT PRIGGE
matt.prigge@metro.us

Q&A

On 'Drive'

Gosling's most iconic performance to date was in 2011's neo-noir "Drive," where he strutted around in a silk white jacket with a yellow scorpion on the back (sometimes against the lyrics in our headline, from College's "A Real Hero"). "It was my dream to make a character people went out for on Halloween," he says. "I used to go out and see every Johnny Depp character. ... When we did 'Drive,' I was really hoping for that. And people started sending me pictures on Halloween. It was working."

Quoted

"I really just like working with Steve Carell. I'd like to do that again. I'd like to do more comedies. Drama is so subjective. Comedy is funny or it's not. There's something about that; they laugh or they don't. It's easier to tell if it's working or not. When you do drama, it dissipates out into the ether and you never know if it's resonating."

Ryan Gosling, on doing more comedies

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They Might Be Giants traffic in 'jingles for insane ideas'

Music. John Flansburgh explains the brevity of some of his band's new "Nanobots."

John and John of They Might Be Giants may have to worry about the burden of being too inspired. / EARL MCGEHEE, GETTY

Fans of They Might Be Giants know to expect the unexpected. Over the course of a 31-year career, the Brooklyn-based duo of John Linnell and John Flansburgh have carved out a solid pop music niche as whip-smart geek-rockers and deft musical satirists, with a trademark sense of humor that's equal parts existential dread and surreal silliness — often within the same song. In more recent years, they've supplied music for films, TV and even done children's albums. "We're just as aware [as anyone else] of what an unlikely place we reside in, in the rock constellation," Flansburgh says.

Their most recent effort, "Nanobots," reflects all these trends, with subjects ranging from exploding heads ("You're On Fire") to Oedipal complexes ("Call You Mom") to inventor Nikola Tesla ("Telsa"). Its most distinguishing feature, however, is a set of what Flansburgh describes as "miniature" songs, many less than 15 seconds long, interspersed among the longer tracks.

"They're almost like jingles for insane ideas," he says.

Madness, perhaps, but not without a method.

"As we were constructing the album," Flansburgh says, "we were looking for a way to make it less predictable as a listening experience."

Mission accomplished. Then again, unpredictability is something of an M.O. for TMBG, and pop music clichés, in both style and substance, have always been fairly taboo for the duo.

"Starting from an 'anything but clichéd love songs' point of view is actually pretty liberating," he says. "It's going to make things bolder as you approach writing songs. ... I know the experience of being affected by a song, and I know how tremendous that is, and a lot of times it does come from a song landing an idea that seems all its own."

Inspiration

Eccentric subjects

Where do TMBG's unusual subjects come from? In the case of the song "Tesla," it was originally meant to be a scientific history lesson for kids, but as Flansburgh researched the inventor further, Tesla's notorious ambition — occasionally bordering on delusion — struck him more deeply. "The core of the song is a meditation on the burden of having too much information or being too inspired," he says.

If you go

They Might Be Giants

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MATTHEW DINARO
letters@metro.us

The New Kids on the Block hang tough on Bravo tonight.
DESIREE NAVARRO, WIREIMAGE

TALK SHOW

'Watch What Happens Live'

The New Kids on the Block make an appearance. You do what the show's title tells you to do. **11 P.M., BRAVO**

REALITY

'My Crazy Obsession'

TLC satisfies the voyeur demographic with this series about odd pleasures. Tonight's episode features pet rats and Raggedy Ann. **SEASON PREMIERE, 10 P.M., TLC**

DOCUMENTARY

'Lunarcy'

A documentary about people loony for Luna, including a would-be moon resident and an entrepreneur who has sold pieces of the moon. **8 P.M., EPIX**

DRAMA

'Spies of Warsaw'

Based on New York Times bestselling author Alan Furst's novel, this story whisks viewers to pre-WWII Paris, London and Warsaw. **9 P.M., BBC AMERICA**

COMEDY

'How to Live with Your Parents (For the Rest of Your Life)'

A helicopter mom and her daughter move in with her hippie-dippie parents. Do you think they'll disagree on parenting methods? **SERIES PREMIERE, 9:30 P.M., ABC**

NATALIE SHURE

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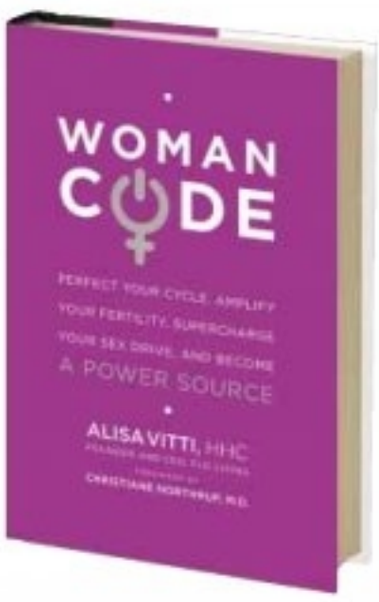
Is this you every month? It doesn't have to be, says Alisa Vitti. / GETTY IMAGES

Caught in hormonal hell? The code to break the cycle

Health. Your period shouldn't cause you misery, expert says.

If you thought PMS, bloating and zits were all just the lowlights of being a woman, Alisa Vitti would like you to think again.

"We teach our patients to think what's normal is not to have PMS, to feel great all month, to have natural conception, not to have postpartum depression," says Vitti, a women's hormonal health expert and the author of "WomanCode: Perfect Your Cycle, Amplify Your Fertility, Supercharge Your Sex Drive and Become a Power Source." "What's normal is a sex drive that increases as you age, not decreases. What's normal is to have a metabolism that's helping you maintain your healthy weight.



"Anything that's not that isn't normal. We shouldn't get desensitized to that in our bodies or in our thinking."

In college, Vitti, a medical student at the time, thought her heavy weight, cystic acne and missed periods were due to polycystic ovarian syndrome, until she came across a small article about a disease called Stein-Leventhal Syndrome. Convinced this disease was the root of her problems, Vitti took the information to her doctor, who thought the best course of treatment would be medication. But "that wasn't a good enough answer to 'What do we do now?'" Vitti says.

Instead, she did a lot of her own research on her condition and was shocked to find that diet played a role.

"I was exposed to some of the cutting edge research that was coming out from the Human Genome Project, which discovered this protein structure that wraps around your DNA strands," she says. "It [works] like a switch. And the only thing that they found that would turn these switches on or off — to having your body express disease or health — was what you were eating and how you were living. And I thought, 'Oh, my God: If we can manipulate our gene expression with food and lifestyle, we can apply that to entire glands and organs and entire organ systems, like the endocrine system."

If you find yourself in hormonal hell, Vitti has a plan to get back on track — and it starts with your diet.

MEREDITH ENGEL
meredith.engel@metro.us

What to avoid:

Soy, specifically soy protein isolate: "Most soy products are highly concentrated in soy protein isolate," Vitti says. "They are not getting the benefits of the whole bean. Rather, they are getting soy protein isolate, which is full of concentrated estrogen and exacerbates their hormonal symptoms. Want proof? "They did a crazy study in Brazil on female lab rats eating tofu — the uterus changed shape and it caused male infertility." If you must have soy, choose fermented options, including miso paste and tempeh, in moderation. Tofu is OK in small quantities, as long as it's organic and GMO-free.

Dairy: "The casein in dairy has been shown to build up a plaque on the small intestine," Vitti says, which blocks the absorption of vital micronutrients. Concerned about calcium? Vitti says that on her plan, eliminating dairy also means adding in more foods that are good sources of calcium, like kale, bok choy and sunflower seeds.

Gluten: "Wheat-based products cause such inflammation in the intestine," she says.

What to load up on:

Fermented foods: "Fermented foods provide the body with probiotics, which help you absorb more nutrients. They also contain Indole-3-carbinol, which breaks down estrogen," Vitti says.

Green juices: "You're getting high levels of antioxidants that help protect the ovaries."

Sweet potatoes: "I love them for the vitamin A to help with your liver," she says.

Pasture-fed eggs (with the yolks): "They help the body make progesterone, which is the hormone that opposes estrogen and keeps you balanced in terms of your mood, and keeps all those PMS symptoms away."

Avocados: "[They have] EFAs that keep our hormones really, really healthy," Vitti says.

Spinach, kale and collard greens: "I love dark, leafy greens for the calcium and magnesium that help our body utilize hormones as we're producing them."

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Look of the Month – Fishtail Braid

This month's look is a fabulous fishtail braid; an easy, quick style that can be dressed up or down. Perfect for a lazy Saturday when you don't want to wash your hair, but just polished enough to look elegant with any cocktail dress! We'll show you how to do the basic fishtail braid, and then give you some suggestions to dress it up.

The tools you will need for this look are:

- A hair elastic
- A light hairspray
- Molding wax

Start by pulling all of your hair to one side of your head. Take a small amount of molding wax and heat up in your palms. **(Lisa F of our Danvers location recommends Framesi's BY Volcanic Wax)**. Work through your hair, smoothing out the top and preparing the rest for a flexible hold.

Separate your hair into two equal sections.

Take a small piece of hair (around one inch thick) from the back of the right side, then cross it over the front and bring it into the left side. Then take another small piece of hair from the back of the left side, cross it over the front & bring it to the right side. This should start to create an "x" pattern in your hair. Continue doing this until you are at the end of your hair – secure with an elastic.

Once complete, spray all over with a light hairspray **(Lisa reccomends Framesi's BY light mist hairspray)**.

For a trendier, fun look, loosen up the braid a little by tugging it apart a bit, and let some pieces fall out. For a night out, pull a few pieces out around the front of your face, and curl them. Fishtail braids provide a great "blank slate" for all different kinds of hair accessories, like bows, pins & headbands, so play around & have fun!

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With twenty-five locations across New England, Dellaria Salons has been a leader in the beauty industry for over fifty years, and provides all of it's clients with the convenience of quality professional products & superior styling techniques.

(Featuring tips by Lisa F of our Danvers Dellaria Salon)

Lisa F has been working with Dellaria for the past seven years at the location in Danvers. Danvers, one of the original company locations has a "rich history" and has allowed Lisa to "learn and work along side some truly gifted stylists who have been in the industry for over 30 years."

Lisa brags that her "clients and coworkers are the reason that I love to do what I do." A huge part of Lisa's clientele is working with the New England Patriots Cheerleaders - which has been an amazing experience. "I have had the opportunity to work with amazing people, travel to beautiful locations and see my work in print for the past 3 years."

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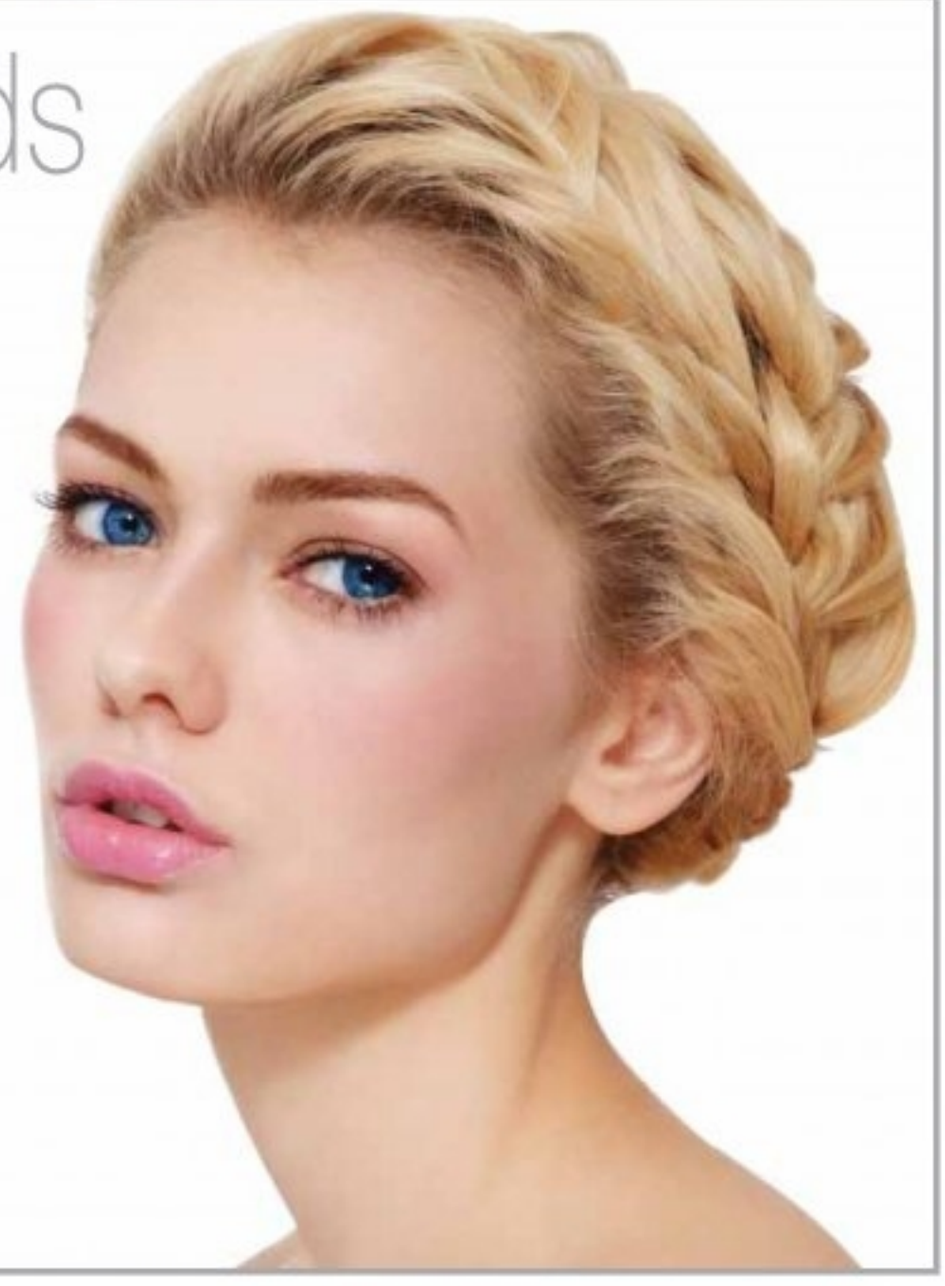

25 LOCATIONS THROUGHOUT NEW ENGLAND
www.dellaria.com

How to stay safe on your bike commute

Tips. If your wheels aren't on the subway or bus, make sure you're riding the right way.

With spring officially upon us, legions of urban commuters are beginning to shed their quilted coats and searching for excuses to spend more time outside. Commuting by bicycle can be a great way to savor the sunshine and jump-start your fitness routine while being eco-friendly. Inexperienced city cyclists might feel intimidated by busy streets and speedy drivers. After more than a decade of riding and working with bicycles in Tampa and NYC, bike mechanic Max Boyajian is familiar with the challenges cyclists face in crowded areas. He shared a few tips for starting out as a bike commuter.

Don't forget your helmet! / GETTY

Tip

Pass parked cars

Drivers might not check for bikes after they park, meaning they could open their doors into an oncoming cyclist.

PS: Cyclists have the right to ride in the middle of a lane.

Plan for weather

Waterproof outerwear can protect you from rain. Keep your clothes professional-looking by installing fenders on your wheels. "They might look dumb, but they're better than a strip of mud across your back," Boyajian says.

Fill 'er up

If a bike hasn't been used through the winter, the tires will need to be refilled. Most bike shops offer free air.

Keep calm

"You've got to learn how to be honked at," Boyajian says.

NATALIE SHURE
letters@metro.us

Today in medicine

Infant mortality rates level off

Location of study: U.S.
Study subjects: Clinical data
Results: A University of Alabama at Birmingham study published in Pediatrics found that levels of infant and neonatal mortality have leveled off over the past decade.
Significance: The increased survival rate was due to improved obstetrical and neonatal care in keeping more premature and low birth weight infants alive.

Infant mortality rates are leveling off. / GETTY IMAGES, FUSE

Hypertension linked to menopause

Location of study: Netherlands
Study subjects: 853 women
Results: Researchers found a link between women who had hypertensive diseases during pregnancy and those who suffered more severe menopausal symptoms, such as hot flashes and night sweats. The study, published online in Menopause, the journal of The North American Menopause Society, is the first to look at this possible link.
Significance: Researchers aren't yet sure whether this association applies to all middle-aged women or just menopausal ones.
But, high blood pressure during pregnancy could be a risk factor for cardiovascular disease later in life.

Going bald might be bad for your heart

Location of study: Japan
Study subjects: Meta study of 40,000 men
Results: Bald or extensively balding men were found to be 44 percent more likely to develop coronary artery disease, but only if they were losing hair at the top or crown of their head, not dealing with a receding hairline.
Significance: Baldness may signal a body's resistance to insulin, which can lead to diseases, chronic inflammation or heightened sensitivity to testosterone — all of which are linked to heart disease.

The oil you choose matters

Location of study: U.S.
Study subjects: 121 adults at risk for metabolic syndrome
Results: A recent study via the American Heart Association found that canola oil and high-oleic canola oil reduce abdominal fat when part of a heart-healthy diet for weight maintenance. Study subjects were all given a daily smoothie containing one of five oils. Those who consumed canola or high-oleic canola oils lowered their belly fat by 1.6 percent.
Significance: Metabolic syndrome can increase the risk of heart disease, stroke and Type 2 diabetes. Reducing abdominal fat decreases these health risks. LINDA CLARKE

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Horoscope

♈ Aries | March 21 - April 20. You are always desirous of acknowledgement, but you could crave it more than usual today. If you don't get it, don't make a big deal about it.

♉ Taurus | April 21 - May 21. Even though you'll take most of your involvements seriously, you'll still be philosophical about their outcomes. This attitude will help you handle whatever occurs with grace and aplomb.

♊ Gemini | May 22 - June 20. One of your greater satisfactions will come from working with another on something of mutual importance. Enjoy the productive relationship.

♋ Cancer | June 21 - July 22. It is advisable to get your mate's opinion before making a major decision. He or she may have ideas that surprise you.

♌ Leo | July 23 - Aug. 22. Don't think that you won't feel guilty if you fail to use your time productively. Get rid of your excuses and do the right thing from the get-go.

♍ Virgo | Aug. 23 - Sept. 22. Business and pleasure can make a compatible mix, provided you have respect for both and split your time between the two as circumstances dictate.

♎ Libra | Sept. 23 - Oct. 22. The possibility for doing what you set out to is very strong, provided you sustain your motivation. Keep your motivations in the forefront of your mind at all times.

♏ Scorpio | Oct. 23 - Nov. 21. If you get into a situation that is too narrow or constricted, you could be extremely uncomfortable.

♐ Sagittarius | Nov. 22 - Dec. 21. The best asset you possess is your ability to make the most of whatever you are dealing with. This is especially true with financial matters.

♑ Capricorn | Dec. 22 - Jan 20. Treat your colleagues with respect, but don't let them take over something that you're already handling adeptly. You'll find a way to set boundaries respectfully.

♒ Aquarius | Jan. 21 - Feb 18. If you have to work on something that requires deep concentration, do your best to find quiet surroundings. Noise, disruptions or interference will negatively affect your performance.

♓ Pisces | Feb. 19 - March 20. Because your aspirations are likely to be more practical than most people's, the possibilities for realizing your hopes are correspondingly greater. **BERNICE BEDE OSOL**

Letters

New Metro layout not starstruck enough

Since when does the picture of the entertainment writer rank as being bigger than anyone else's?

They don't even do that on Page Six, so why would you?

Granted, I really enjoy her column, but I'd much rather see the photos of the celebs that go along with her stories rather than her (no offense).

P.L. STANTON, VIA EMAIL

Take care of yourself or the feds will do it for you

RE: "IF YOU CAN'T BEAT 'EM, JOIN 'EM," (METRO, APRIL 2) So letter writer Joseph Dupont wants to circumvent the Affordable Care Act by not getting health insurance until he is ill.

Sounds to me like his aspiration is to be a moocher that he and his fellow conservatives rail against.

Remember, the idea of the individual mandate was a conservative idea to require people to be responsible and not shift costs onto their fellow citizens.

It is only because President Barack Obama promoted the ACA that they think personal responsibility is inappropriate and somehow will "destroy the nation."

EDWIN ANDREWS, VIA EMAIL

When seeing double is a good thing

THANK YOU!!!. I was so bummed not having two sudoku puzzles a day. I HATED having to go to the other two US Metro to try to get my daily fix. Keep 'em coming. **ALPHIE THORN, VIA EMAIL**

letters@metro.us

Keep them a brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and Hard

		5			8		9	2
			1		6		8	
	3	8			5			
		3	5				1	
9		6				2		7
	5				9	3		
			9			8	2	
	7		2		1			
5	2		3			9		

	3		8	2			4	
	2		6					7
4					3	9		
				7	1			4
2			3		4			8
5			2	9				
		3	1					9
8					6		7	
	6			3	7		1	

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

1 Nod or wink
7 Provoke
10 Work part-time
14 Have ambitions
15 Cote murmur
16 Melville work
17 Male flower part
18 Topeka loc.
19 Arab VIP
20 Luxuriating predator? (2 wds.)
23 Water lily
26 "— So Shy"
27 Pushes ahead
28 Mother of Horus
29 Dory mover
30 Library abbr.
31 Schoolboy
32 Hot Springs st.
33 Inside scoop
37 FBI acronym
38 LI doubled
39 Polished off
40 ORD regulators
41 Fabrics or cats
43 Autumn color
44 In shape
45 Late evening
46 Campers, briefly
47 Robin's domain
48 Standish stand-in
51 Big green parrot
52 Squalid
53 Kind of talk (hyph.)
56 Ms. Bombeck
57 "Norma —"
58 Derby hat
62 Open to debate
63 Andy Capp's quaff
64 Mystery
65 Jan. 1 song word
66 —de mer
67 More than dislike

Down

1 Stockholm carrier
2 Hobby ender
3 Dean's-list fig.
4 Rain cloud
5 Fields of study
6 Optical device
7 More yucky
8 Reddish horses
9 Hong –
10 Climber's need
11 Peel and Samms
12 Watered silk
13 Ham and sausage
21 Tan slacks
22 – under (overwhelmed)
23 Delicate hue
24 Honshu port
25 Kind of wave
29 Rigel's constellation
30 Campaign quest
32 Put stress on
33 Butterflies-to-be
34 Bid
35 Cummerbund site
36 Spruce
42 Say over and over
46 Repair a boot
47 Fool
48 Attention-getters
49 Bad, bad Brown of song
50 Pythias' friend
51 Tailless marsupial
52 Monotonous hum
54 Zoo transport
55 Not yet up and about
59 Sweater sz.
60 911 responder
61 Willard's pet

Yesterday's answer

S	A	S	H	■	G	A	S	P	S	■	K	E	P	I
L	U	K	E	■	U	S	U	R	P	■	I	N	I	T
E	D	I	E	■	M	A	M	I	E	■	L	I	N	E
W	I	S	H	E	S	■	■	M	E	A	N	D	E	R
■	■	■	A	S	H	■	R	E	D	D	■	■	■	■
C	H	E	W	S	O	U	T	■	■	I	S	A	A	C
A	I	M	■	■	E	R	E	■	G	I	L	D	A	■
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R	E	R	A	N	■	■	A	M	I	■	■	O	L	D
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■	■	■	■	■	A	T	E	E	■	S	I	C	■	■
B	E	L	L	Y	U	P	■	■	P	E	C	K	E	D
L	O	P	E	■	S	C	A	R	E	■	O	I	L	Y
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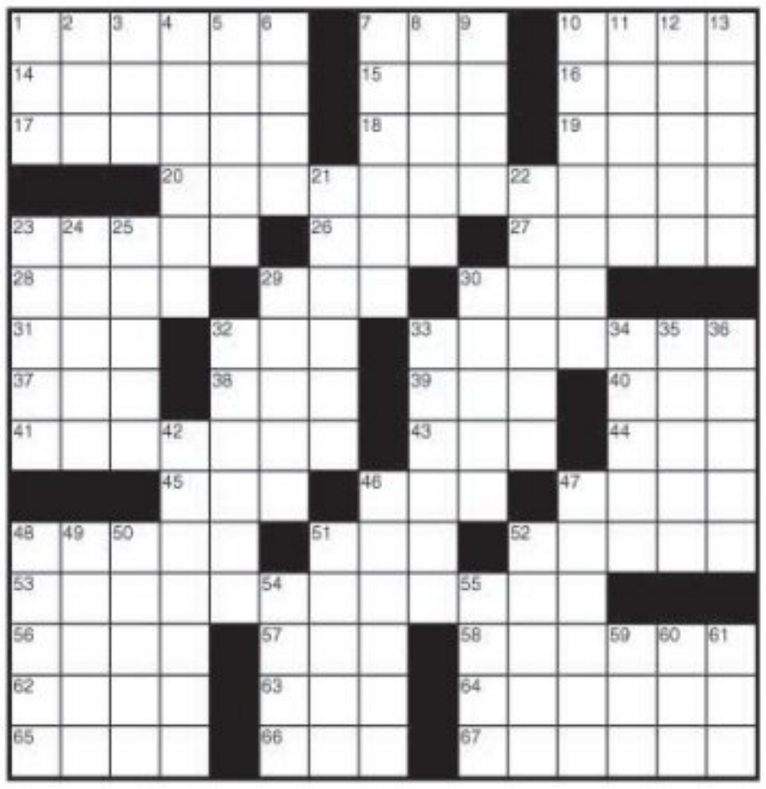

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Get this!

X3 Watering Can

A must-have for the indoor gardener: the sleek new lightweight X3 Watering Can by Paul Loebach. It's constructed using a single metal tube and comes in a variety of colors. (From $49, www.kontextur.com)

5 green decorating solutions

Decor. Spruce up your place without causing havoc to the environment.

Spring home projects don't have to mean increasing the toxic load on the planet or in your abode. We've rounded up some sensible tools and eco-friendly products with less negative impact on the health of your home and the planet (which, by the way, are kind of the same thing).

LINDA LABAN
linda.laban@metro.us

Choose a green-friendly brand when painting walls

Choosing paint colors and wallpapers is the fun part of room makeovers. But unwrap a roll of wallpaper or uncap a can of paint, and the room is filled with obnoxious ink fumes. Farrow & Ball's crafted paints are traditionally made nonacrylic paints with more natural ingredients and extremely low VOCs (volatile organic compounds). Their wallpapers use eco-friendly FSC-approved paper and are printed with Farrow & Ball's own low VOC water-based paint. Utilizing more water-based, rather than oil-based, paints benefits the environment both in production and waste disposal. (www.farrow-ball.com) / CONTRIBUTED

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Homebuying 102: How to Buy a Condo

A two-hour seminar for graduates providing information on condominium ownership and how to shop for, and finance the purchase of a condo.minium

April 23 : 6:00 pm - 8:00 pm
Copley Square Branch Library,
700 Boylston Street, Boston

Financial Assistance Workshops/ Meet The Lenders

A financial assistance workshop from 5:00pm - 6:00pm followed by a two-hour networking opportunity to meet with several different mortgage lenders to help you understand their products and your purchase and refinance options.

April 11: 5:00pm-7:45pm
Hyde Park Branch Library
35 Harvard Avenue, Hyde Park

How To Live Within Your Means

This two-hour seminar will help you evaluate your current financial status, and to learn how to adjust your finances to accomodate your personal situation.

April 29: 6:30pm - 8:30pm
Mattapan Family Services
535 River Street , Mattapan

Homebuying 103: How to Buy a Home That Needs Work

A two-hour seminar about special mortgages and other resources available to help you fix-up your home.

April 8 : 6:30pm - 8:30pm
Mildred Av Community Center
5 Mildred Av, Mattapan

Homebuying 104: How to Buy a Foreclosed Property

A two-hour seminar including information about the purchase process, legal issues, mortgage and property selection, and home repair resources.

April 4 : 5:45pm-7:45pm
Codman Sq. Branch Library
690 Washington St, Dorchester

April 22: 6:00pm-8:00pm
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Thomas M. Menino, Mayor of Boston
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Find smart solutions

Take the drama out of painting with the Mixing Mate. This nifty paint-can lid makes mixing paint easy via a turbine operated with a simple crank. It virtually eliminates drips and spills, and provides easy storage for unused paint. Less mess means less cleanup, which means less water consumption and less paint in the water supply — plus fewer messy stir sticks in the landfill. ($20 for a gallon; $15 for a quart, www.rockler.com) / CONTRIBUTED

Envirobrush

Every year, in North America alone, more than 500 million used paintbrushes end up in landfills. Usually, the only part that needs replacing is the bristles. Kwick Clean and Green Envirobrush is the forever brush. Its replaceable bristle head means also avoiding brush-cleaning solvents and allows for easy mid-job paint color changeover. (Brushes from $6, refills from $4, www.envirobrush.com)

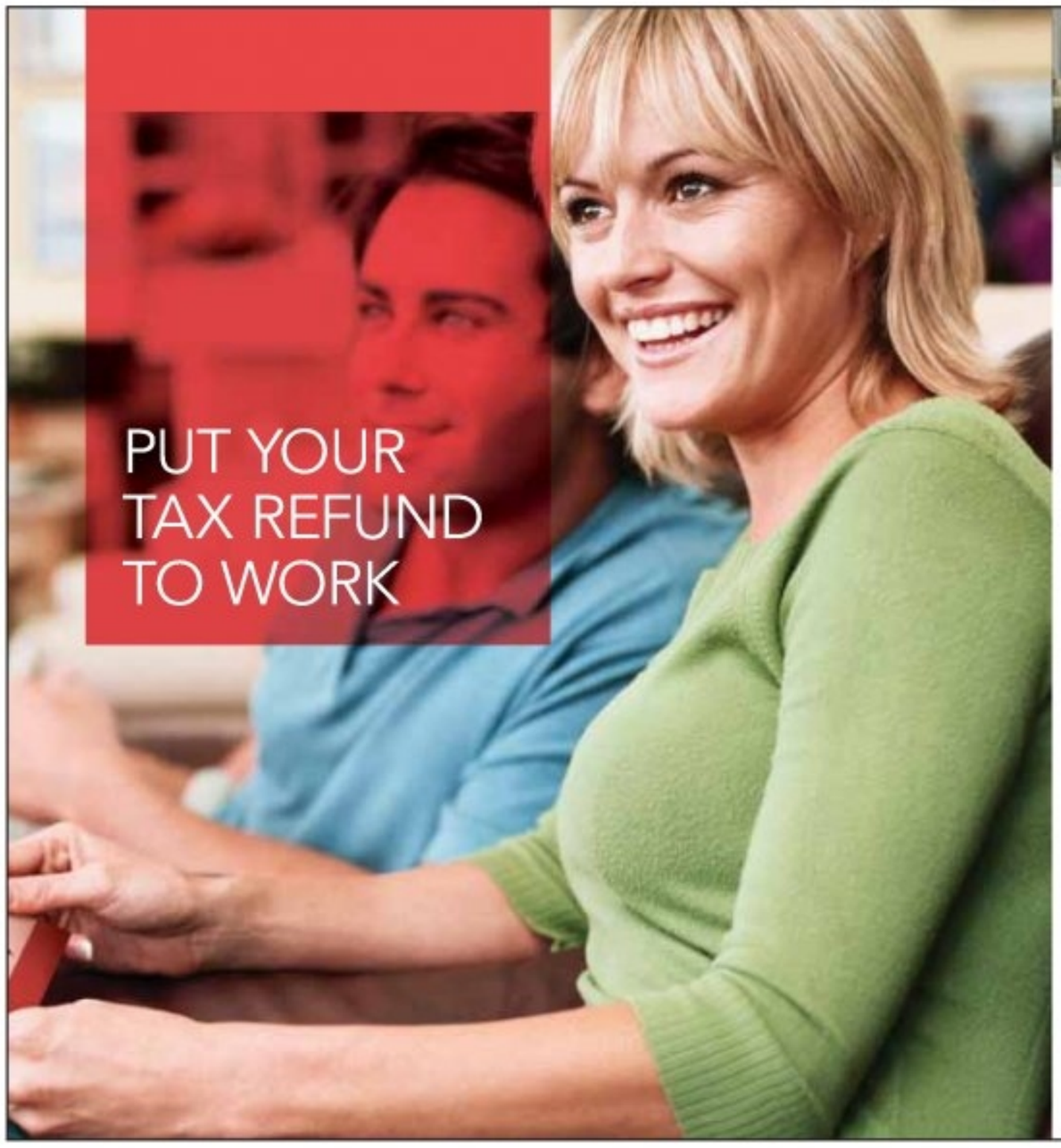
CONTRIBUTED

Go nontoxic

Franmar Chemical's SOY Gel Paint and Urethane Remover is an effective, nontoxic, odor-free alternative for removing old paint from walls and varnish from wood floors. It's also harmless to skin and safe to use indoors. The soy-based product removes paints, urethanes, acrylics, epoxies and enamels, and is ideal for lead-based paints. Its thick gel consistency prevents the lead from escaping into the air. (Available at Rockler Hardware, $21 for a quart, www.rockler.com) / CONTRIBUTED

Opt for sustainable wood

Tackle projects with the ultra-stylish Areaware Wood Tool Set. It's made from sustainable, harvested new growth beech wood and includes a level, 36-inch folding ruler, LED flashlight and screwdriver. ($95, www.westelmmarket.com) / CONTRIBUTED



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It's a sellers market

"We have a large pent-up demand for housing with a lack of inventory. It's created bidding wars and frustration for buyers." / GETTY IMAGES, EYECANDY IMAGES RF

Real Estate. The demand for housing coupled with a lack of inventory is creating bidding wars.

Few could have predicted the winter's massive real estate rebound. Following Greater Boston's steady recovery from the housing market crisis, the winter's vigorous home sales absorbed much of the available real estate, leaving many buyers struggling.

"The market dramatically changed in the winter; the spring market sees a deep real estate frenzy, and the frenzy is getting mean," says Henry Aime Amar at ZipRealty. "Buyers who lost out on properties they bid on are now getting aggressive."

Wendy Rocca of Keller Williams agrees. "We have a large pent-up demand for housing with a lack of inventory. It's created bidding wars and frustration for buyers.

"We flipped to a sellers market almost overnight."

"In broad terms, the winter market has officially marked the shift in favor of sellers," agrees Steve McKenna of Bowes Real Estate. "Sellers have been more likely to receive multiple bids and a higher price on their home."

Short term, that's good news for sellers. Long-term, however, is there the possibility of another housing bubble like Boston experienced in the early to mid-2000s?

"Long term, I believe this will work itself out," says McKenna optimistically. "The lenders and appraisers will play a big role in keeping things in line. It's difficult to get loans approved at very inflated prices. Buyers will need more cash on hand to justify the loans. I don't believe we're heading for another bubble. Modest gains on pricing are predicted."

Right now, though, there's no doubting the market is undergoing growing pains.

"An extreme buyers or sellers market is difficult," adds Rocca. "It's difficult to see buyers lose out on a property that felt so right for them. Sellers are afraid to list their home, since they don't know where they will go. We are in a crazy cycle."

LINDA LABAN
linda.laban@metro.us

Quoted

"There's a psychological element [to real estate markets]. Prices are going up and people are gambling. There's always a cyclical drama, but the market will yo-yo back down when it's gone too high; it will always go lower than it should."

Henry Aime Amar at ZipRealty

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SHOPPING FOR A CONDO

By Attorney George Warshaw

The buying season is in full swing. If during this buying frenzy of competitive bidding and buyers paying well over the asking price you've been fortunate enough to find a condo to purchase, the one thing you don't want later on is a surprise.

There are several things to pay attention to which are often overlooked by buyers.

A good home inspection is of course a necessity but don't be fooled that the building is only a few years old or recently renovated. You might be surprised at what may turn up.

Try to choose a home inspector that will take digital photographs of defects and will include those photos in his or her inspection report. Photos often answer the seller's questions and save a great deal of time.

Buyers will carefully inspect the condo before buying but rarely ask the seller about water leaks and noise.

Have there been any water leaks into the apartment or the condominium building since the seller first purchased it? Water is the biggest problem a building faces. Always inquire about newly painted surfaces.

Has the seller made or received any noise complaints? Ask who is living upstairs? Will children be roller skating on hardwood floors overhead?

More on Condos next week
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GWA

George Warshaw is a well-known attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions. Contact him at metro@warshawlaw.com

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The business of dressing the baby bump

Fashion. Never mind comfort — Kim Kardashian's maternity wardrobe is an exercise in branding.

Just when you thought her maternity choices couldn't look any more uncomfortable, Kim Kardashian went shopping in a body-con dress, its leather stretched to the absolute limit, and stilettos — an outfit that would make even the average not-pregnant woman look like she's trying too hard. But before we get into Mother Kimye's pregnancy style, let's establish these facts:

1. The Kardashians are unbeatable at the game of being famous for being famous.

2. The Kardashians have been known to mine their personal lives for reality TV and publicity in general.

3. Kim is a Kardashian.

Now that we've got that out of the way, let's look at that leather. The tighter the squeeze around Kim's bump and the higher the heels, the more we talk about it. It's a pop culture moment that advances the plotline of Kim's celebrity as clearly as an episode of "Keeping Up with the Kardashians."

The average pregnant woman dresses for comfort. But now, the average famous pregnant woman dresses strategically, as the bump becomes another opportunity for personal branding (Jessica Simpson), record sales (Beyonce) and public obsession (Miranda Kerr). Yes, Kim claims that flats hurt her back and that heels are the most comfortable shoe for her. But the tape wrapped around her feet says otherwise. It's not hard to imagine the ways she'll push this idea further as her final trimester approaches. What next? Hot pants and a bustier? Somewhere, her marketing team is probably taking notes.

KENYA HUNT
kenya.hunt@metro.lu

Is Kim Kardashian launching a new maternity leather line? We wouldn't be surprised. / CHRIS MCKAY, WIREIMAGE

High heels and tight dresses are staples of Kardashian's maternity wardrobe.
JAMES DEVANEY, WIREIMAGE

Forget jeans with an elasticized waist when you can wear a pencil skirt.
JB LACROIX, WIREIMAGE

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3 SPORTS

The Blueprint

Cano jumps to Jay-Z

Yankees second baseman Robinson Cano dumped agent Scott Boras for an agency founded by hip-hop artist Jay-Z. Cano is set to become a free agent at season's end.

With addition of Jagr, Julien must juggle act

Bruins. The B's added veteran winger Jaromir Jagr yesterday in a much-needed deal with Dallas.

After getting left in the dust by the Penguins and Jarome Iginla last week, the Bruins successfully completed a notable trade before the NHL trade deadline (3 p.m.) today.

Boston flipped forward Lane MacDermid (a healthy scratch basically all season), prospect Cody Payne (a right wing in the OHL) and a conditional second-round pick to Dallas for right wing Jaromir Jagr, the 41-year-old future NHL Hall of Famer who is the active leader in NHL goals (679), assists (1,000) and points (1,679).

Jagr is an unrestricted free agent at the end of this season, which makes it almost a guarantee that he's just a rental for the rest of the regular season and what the B's hope is a long playoff run. The important question here is how will Bruins head coach Claude Julien use Jagr in the lineup?

Milan Lucic (five goals, 15 assists) and Nathan Horton (11 goals, nine assists) have both struggled this season and are widely regarded as the two biggest disappointments for the Bruins. Julien hates to change lines and the duo have remained, mostly, on the first line with David Krejci.

To get the full value out of a player like Jagr, Julien could opt to put him on the first line and either bump Lucic or Horton to the third line. Jagr is a right wing but he's left-handed, so you can move him around. Putting Lucic or Horton on the third line should give some life to Jordan Caron and Rich Peverley while taking Jay Pandolfo off the ice.

The third line hasn't scored an even strength goal in the 11 games that Chris Kelly has been out and many of Boston's goal-scoring issues of late have stemmed from the fact that they have become top heavy with usually only one line (the second) producing on a consistent basis.

Jagr is likely to make his Bruins debut against the Devils tomorrow (7 p.m., NESN).

There are only 14 games and just 3.5 weeks left in the regular season, so this move should give the Bruins the shot in the arm they'll need to get a high seed in the playoffs. Don't expect Jagr to be what he was 10 or 15 years ago, but he comes in with 14 goals and 12 assists on the season for the Stars, which ties him with Brad Marchand for most Bruins goals and puts him fourth on the team in points.

RICH SLATE
sports@metro.us

Jagr bomb

"I had posters of him when I was a kid. He was obviously my hockey idol."

Bruins forward David Krejci, regarding fellow Czech-born player Jaromir Jagr

Jaromir Jagr is sure to give the Bruins a scoring upgrade. / GETTY IMAGES

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Tough call

Pac-12 commish defends Rush

Pac-12 commissioner Larry Scott concluded that the league's coordinator of officials, Ed Rush, should not be fired after it was learned that he "joked" about offering a group of officials $5,000 or a trip to Cancun if they gave Arizona basketball coach Sean Miller a technical foul or ejected him in the league's conference tournament. Miller was hit with a technical foul in the Pac-12 tourney in a 66-64 Arizona loss to UCLA. METRO

Farewell Chuck

Former Pats coach Fairbanks dead at 79

Former Patriots head coach Chuck Fairbanks died yesterday in Scottsdale, Ariz., after a fight with brain cancer. Fairbanks was 79. The coach led the Pats to their first real success in the NFL, coaching the team from 1973 to 1978. METRO

QB swap

Raiders trade Palmer to Arizona

The Raiders traded quarterback Carson Palmer to the Arizona Cardinals yesterday in a swap that will see the two teams exchange late-round 2013 draft picks and a conditional pick in 2014. METRO

No easy solutions on horizon for reeling, battered Celtics

Celtics. The Green are treading water in the Eastern Conference and the No. 6 seed no longer appears to be an option.

When a team is playing bad basketball, as the Celtics are, it's nice to get an easier matchup to hopefully put things back in order.

But there are no more "easy wins" for a C's team that's literally limping into the postseason. And what's worse? They haven't beaten the Detroit Pistons (25-50), who they'll see tonight, (7:30 p.m., CSN) losing to them twice already with a healthy roster. Boston has lost to Detroit 103-83 and 103-88 in two meetings this season. That could mean two things: The Pistons have all the confidence in the world heading into tonight's game and the Celtics are looking for revenge.

Kevin Garnett will miss tonight's game with inflammation in his foot, but Paul Pierce, who missed Monday's game due to personal reasons, should be in uniform. The Pistons will be without power forward Jason Maxiell (detached retina), who averaged 10.5 points, 5.5 rebounds, and 2.5 blocks in the two games vs. Boston this season.

Boston is just 1.5 games ahead of Milwaukee for the eighth seed in the Eastern Conference, and they don't hold the tiebreaker. Tonight qualifies as a must-win, or it could be C's-Heat in Round 1 later this month.

"We just know that defensively is the way we're going to win games," Jason Terry told reporters. "The way we perform defensively regardless of who's in uniform hasn't been up to standard, and it will be. We're very optimistic. Going forward, we know how we have to play. It starts with our defense. Offensively we know we have to move the ball, and if we do that we're going to be successful."

JAMES TOSCANO
sports@metro.us

Charlie Villanueva and the Pistons are in Boston tonight to take on the hurting Celtics. / GETTY IMAGES

Stat of the Century

If the Celtics want to come out on top, there's one key statistic they need to keep in mind: Hold the Pistons to under 100 points.

- **CENTURY MARK** Seven of the last eight losses have come against teams that have scored 100 points or more against them. Boston is giving up 96.5 points per game, the most since 2006-07.
- **DOC'S ORDERS** "We need a lot of work [on defense] with [our new players] and it showed," head coach Doc Rivers said.

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To learn more and find out if you may qualify, please contact:
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For more information, please contact the RAPID Trial Study Coordinator at: 617-525-7794 or RCNET@partners.org

Brigham and Women's Hospital, A Teaching Affiliate of Harvard Medical School

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RESEARCH STUDY: CHILDREN AND LIFE STRESSORS

Please consider participation if your child is 8 - 17 years old.

Who can participate?
Any children ages 8-17 years old.

What is involved in participating?
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What are the benefits?
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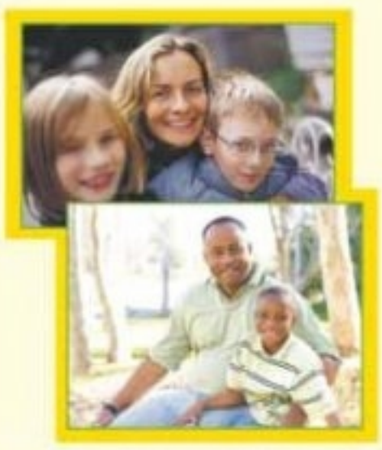

TO PARTICIPATE PLEASE CONTACT:
Regina Musicaro
(617) 232-1303, x310.

Clinical study for Irritable Bowel Syndrome (IBS).

Can't stomach your IRRITABLE BOWEL SYNDROME anymore?

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To be eligible to participate, you must be between the ages of 18 and 55.

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Health insurance or a doctor's referral is not needed.

Adams Clinical Trials,
Dr. Rutrick
www.BingeEatingStudies.com

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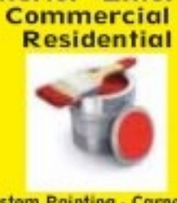

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